



Building Blocks September 2017 Newsletter

Hub4
Health
Connections start here



Thanks to everyone who participate in the Book Week activities last month—there were some fantastic costumes and lots of books read and made. This month we are celebrating Spring with a focus on gardening and outdoor play for children. There will be lots of hands on activities to keep everyone busy.

We will also be running 123 Magic this month at Gladstone and hope to offer this excellent behaviour management information to families at Fingal and Winnaleah next term, so look out for details of sessions in your area. Hope to see you all soon!

Sensory Garden

Kids of all ages can enjoy discovering and playing with their senses in the garden. Incorporating some of these plants will help them explore and a lot of them are edible or great companion plants for the veggie patch.

Touch – soft woolly lamb’s ears, smooth succulents like aloe vera, spiky bottlebrush species

Taste – basil, strawberries, peas, rosemary, carrots, cherry tomatoes

Smell – lemon balm, native mint bush, lavender, jasmine, sweet peas

Bright colours – rainbow chard, sunflowers, marigolds

Sound – sweet corn, bamboo, grasses that rustle in the wind



Rock n Rhyme

Rock n Rhyme is a music and story time session held at LINC (library area) in St Helens and St Marys. Sessions are a short (up to 1 hr) fun way to introduce your child/ren to great books, songs and rhymes to promote early literacy and numeracy skills and interests that have a lifelong benefit.

Sessions are free and all families members welcome to come along—check out our calendar for times and venues.



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All Building Blocks sessions are free of charge for all children from 0-5 years old, along with their parents, carers & grandparents